



Weekly Menu Needs

Each week, every child receives:

2 Breakfast items

examples:

- Instant Oatmeal packets
- Breakfast cereal bars
- Single serve boxes of cereal

4 Main Course items

examples:

- Small cans of Chef Boyardee Pastas
- Small cans of Spaghetti O's
- Ramen Noodles
- Single serve Mac-n-Cheese
- Single serve Hamburger Helper
- Campbell's Chicken Noodle Soup

2 Drink items

examples:

- 100% Fruit Juice boxes
- 100% Fruit Juice Capri Sun

2 Dessert items

examples:

- Individual pudding cups (non-perishable)

Contact us for a list of drop-off locations

stclairbuddies.org

info@stclairbuddies.org

205-790-5834

2 Vegetable items

examples:

- Vegetable cups (Libby, etc.)
- Small canned veggies (8oz)

2 Fruit items

examples:

- Applesauce cups
- Fruit cups
- Fruit squeezes (like Go Go Squeeze, Buddy Fruits, etc...)

3 Snack items

examples:

- Granola Bars
- Peanut butter or cheese crackers
- Slim Jim/Beef Jerky
- Fruit gummies
- Single serve peanut butter cups (Jiff 8ct)
- Cheese or peanut butter dippers
- Raisins/Dried fruits

All items must be non-perishable and individually packaged.

Any cans/cups must be pop-top or peel-off. We cannot use any packaging that requires a can opener.

All drink items must be 100% fruit juice.